

# Resources for schools

## What's The Real Deal?

Produced by the Department of Health and Human Services, this teaching resource has many teaching activities with flexible delivery options. It's designed to assist teachers to educate young people about the risks and potential problems associated with gambling. It helps students to make informed choices and identify warning signs of problem gambling in themselves and others.

The kit examines odds, beliefs and superstitions about gambling, the pathways to problem gambling and the help available, the role of advertising in influencing gambling choices, and the interests of the different stakeholders in the gambling sector.

[http://www.dhhs.tas.gov.au/gambling/programs/whats\\_the\\_real\\_deal](http://www.dhhs.tas.gov.au/gambling/programs/whats_the_real_deal)

You can access it online here, or request a hard copy from [gambling@dhhs.tas.gov.au](mailto:gambling@dhhs.tas.gov.au)

Note the kit was produced in 2006, prior to the current curriculum.

## Against the Odds

Developed by Anglicare Tasmania and Glenorchy Council, this is a mental health and gambling intervention program using a peer education approach to help prevent problem gambling and increase mental health resilience of young people. The resource provides information and action points for young people to explore emotions, risk-taking and decision making. Copies are available from Anglicare Tasmania, phone 1800 243 232 or 6334 6060.

## Visits to your school by community educators

Sometimes a visit to the school by an external educator can be a good way to complement a program you are delivering, or even just provide some basic information. Gamblers Help community educators are available for this service. Contact Anglicare Tasmania, 1800 243 232, 6234 3510 to arrange a visit.

